

# First Aid Training for Protests

Sunday, November 9th, Baltimore, Maryland

9:30 am, Progressive Action Center

(1443 Gorsuch Ave)

8-hour skills-building workshop as part of a weekend of mobilization against the FTAA.



## THE 8-HOUR WORKSHOP CURRICULUM

The 8-hour workshop is an introduction to protest first aid and aftercare. It will teach you skills to aid yourself and friends. The training will focus on skills rather than certification, so will NOT grant medic certification. Although we will drill you intensively, there will be time for lunch and a few breaks built into the 8 hours. Students who already have advanced first aid training will want to take this course as we cover many things that are specific to protest health care. People with no first aid training will learn valuable first aid skills they can use anywhere, not just at protests. We will also talk to students about how they can continue their training. Expect to have a lot of fun.

### You will learn:

- Basic protest safety for you and your affinity group
- Chemical weapons (pepper spray) decontamination
- Basic wound management and aftercare
- ABCs (Scene survey, scene management, Airway, Breathing, Circulation, spinal cord precautions)

## PREPARATION

Dress as if you were going to a protest. Sensible shoes and raingear required; we may get you wet. Sandals are a no-no.

Bring all the other gear you'd bring if you were going to a protest.

Bring a small, squirt-top water bottle that's still sealed.

Bring a lunch and snacks for yourself. We will try to provide some food, but do not know how much will be available.

Bring your friends.

This class has a sliding scale: \$0-\$40. Child care is available if you let us know your needs in advance.

Advance registration is preferred, but not obligatory. To register send an email to [siah@mac.com](mailto:siah@mac.com) with your name, email, and phone number or call 410 366 0760 and leave a message. For more information about the Mid-Atlantic Consulta to Shut Down the FTAA, see

<http://www.maconsulta.cjb.net/>